

Norway





Geography



Food



School

The Stats

Population: Over 5.5 million (2023)

Language: Norwegian and Sami

Currency: Norwegian Krone

Capital City: Oslo

Government: Constitutional

Monarchy (Like Britain)

Religion: Mainly Christian

Where is Norway?

Norway is located in northern Europe. Its neighbours are Finland, Sweden and Denmark. It is part of the group of Scandinavian countries.

It has a long coastline on both the North Sea and Norwegian Sea.

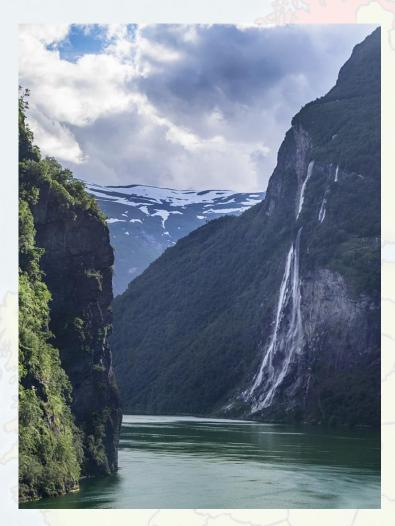


Geographical Features

A **fjord** is a deep, narrow inlet of water. It is surrounded by land on three sides.

There are **fjords** all around the coast of Norway.

The **fjords** in Norway are extremely beautiful and are an attraction for many tourists.



Northern Lights

The Northern Lights are a spectacular natural phenomenon and Norway is a great place to see them.



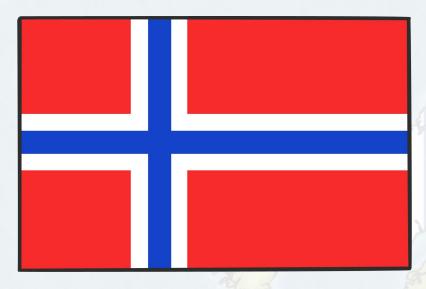
Aurora Borealis

The Northern Lights are a natural light display in the sky. They are usually green in colour. The Northern Lights are caused when electrons from solar winds, mix with the gases in the atmosphere, causing the gases to glow.



Culture

The national flag of Norway is blue, red and white.



It is said that the colours of the flag were inspired by the French flag which was created to symbolise liberty. The cross is the Scandinavian or Nordic cross.

Can you think of any other countries' flags which have the same cross?

National Day

Norway's Constitution Day is May 17th. It is observed each year. Celebrations involve marching bands, parades, traditional costumes and lots of ice-cream!

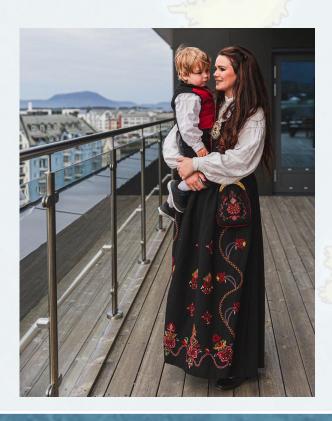
Most families will have a special breakfast with friends before the

parades. Traditionally they would eat baked bread, scrambled eggs and smoked salmon.

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Traditional Dress

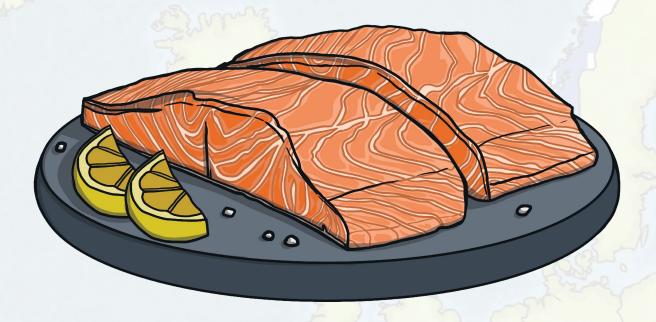
The traditional dress of Norway is the 'bunad'. They come in lots of different styles and colours which represent where someone comes from, or who their ancestors are. Traditional dress is worn on special occasions.





Food

Having such a long coast line, fish is very important in Norway.



In Norway reindeer is a popular meat.

Lunch

Open sandwiches tend to be the most popular type of lunch.





School

In Norway, children start school at the age of 6.

The school day generally stops around 2pm to allow the children plenty of time to play with their friends or to take part in after school activities.

They do not have to wear school uniforms.

The school year starts in mid-August.

Norwegian schools don't provide lunches in school so all the children have to bring a packed lunch.

